

Food Chemistry Worksheet

Data Table

Food	Predictions	Starch	Glucose	Fat
Potato				
Spinach				
Apple Juice				
Butter				
Vegetable Oil				
Water				

Follow-up questions:

Did your results match your predictions?

Which foods would you eat if you wanted a quick burst of energy?

Does water contain any of the organic compounds you tested? Explain the role of water in the experiment.